

After your Child's Upper Endoscopy

Today, the gastroenterologist has explained to you what we saw during your child's upper endoscopy. We obtained tissue samples, called a biopsy, and sent them to a pathologist to examine.



SIGNS AND SYMPTOMS

After an upper endoscopy, it is normal for your child to have:

- A sore throat, slight hoarseness, tickling in the throat, or dry cough for the next 24 to 48 hours.
- Some cramping, gas, or a "full" feeling for the next 48 hours.
- Feeling drowsy for the next 24 hours as the anesthetic wears off.



Take your child to the nearest Emergency Department if they have:

- A fever at or above 38.3°C or 101°F
- Vomiting (throwing up), with or without blood
- Difficulty swallowing
- Shortness of breath
- Chest pain
- New or severe abdominal (stomach area) pain, cramping, and/or bloating.



For teenage patients who drive:

You will not be able to drive yourself home. Please have a responsible adult bring you home.



MEDICINES

- Follow the gastroenterologist's instructions regarding any medicines for your child.



APPOINTMENTS

Please see Dr. _____ for a follow-up appointment on: DD / MMM / YYYY

English: This information is important! If you have trouble reading this, ask someone to help you.

Italian: Queste informazioni sono importanti! Se ha difficoltà a leggere questo, chiedi aiuto a qualcuno.

Spanish: ¡Esta información es importante! Si tiene dificultad en leer esto, pida que alguien le ayude.



RESULTS

- The biopsy results may take 1 to 2 weeks. Your gastroenterologist will discuss the results with you at the follow-up visit. You can also register your child for My Humber Health (HRH's patient portal) at <https://myhumberhealth.ca>, to view a copy of any test results and reports.



TALK WITH ME (ABOUT MY CARE)

ACTIVITY:

- Your child will be drowsy and may feel dizzy for the next 24 hours, while the anesthetic is wearing off.
- Let your child rest for the remainder of the day. They may resume their normal activities the following day.

DIET:

- For the first 2 hours after their procedure, do not let your child eat or drink hot liquids.
- Your child may resume their usual diet as they feel able.

DRIVING:

- For teenage patients who drive, DO NOT operate a motor vehicle for the next 24 hours, while the anesthetic is wearing off.

SPECIAL INSTRUCTIONS:

Please contact Dr. _____ if you have any other questions.